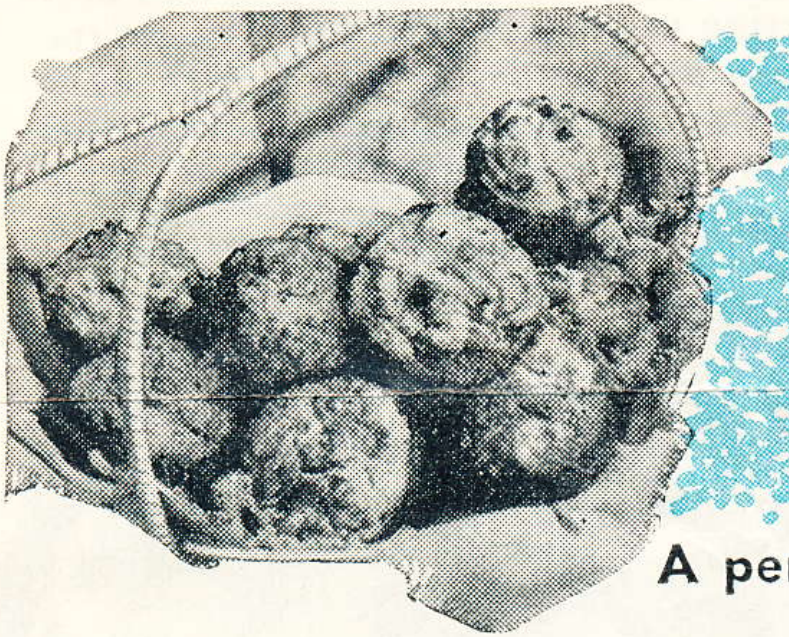

Crunchy . . . nutritious

OATMEAL MUFFINS

A perfect accompaniment for any meal

Soak for 1 hour	***1 cup rolled oats**
in	**1 cup buttermilk or sour milk**
Then **beat** in	**1 large egg, well beaten**
Stir in	**½ cup brown sugar (packed in cup)**
Sift together and stir in . . .	**1 cup *sifted* GOLD MEDAL *"Kitchen-tested"* Flour** **1 tsp. double-action baking powder** **1 tsp. salt** **½ tsp. soda**
Then **stir** in	**⅓ cup shortening, melted and cooled (part butter adds flavor)**

Spoon into 12 greased medium-sized muffin cups . . . filling each about ⅔ full.

Bake *about 20 minutes* in *moderately hot oven* (400°).

*If quick-cooking rolled oats are used, they do not need to be soaked.